EMPLOYEE TRAINING RECORD

TRAINING TITLE Eye Injuries

KEY TEACHING POINTS

- Your eyes are a precious and valuable possession. You need them for just about everything you do each and every day of your life. They are, however, delicate and extremely vulnerable to injury. Failure to protect your eyes could result in an injury, causing pain, expense, and possible loss of eyesight.
- Eye injuries don't need to take place at work, but they do -- and too frequently. Take a
 moment to think about the everyday hazards you face. Flying particles are common,
 from sawing, drilling, chipping, blasting, even blowing dirt and dust. Chemical and
 concrete splashes are other dangers. If you don't wear eye protection when working,
 you are asking for trouble, and perhaps a trip to the emergency room.
- Note that you may need different types of eye protection for different jobs. All eye and face protection must meet the requirements of ANSI Z87.1-1968. At a bare minimum you should wear safety glasses. Today's glasses come in a wide variety of styles and provide excellent protection.
- If an eye injury does occur, immediate first aid and professional medical help are key factors in preventing further damage to the eye. In the case of a floating object in the eye, have the victim look downward, lift the upper eyelid and flush the eye with water. If the object remains, cover both eyes with a loose bandage and get medical help. In the event of a laceration or puncture wound, lay the victim on their back and cover the eyes loosely. Transport to a medical facility immediately. Chemical splashes cause burns and are very serious when the eyes are involved. Seek immediate medical attention. If appropriate, flush the injured eye with water. Make sure that a copy of the MSDS for the chemical is given to the paramedic or doctor.
- The bottom line is that you have to protect your eyes, both on and off the job. Your eyes make it possible for you to earn a living and enjoy life. Remember, you only get two and they don't come with a free replacement quarantee.

REMINDER: YOU are the key to preventing eye injuries. It's up to you to wear the appropriate eye protection.

TEST			
QUESTION		ANSWERS	
		TRUE	FALSE
1 Make sure that a copy of the MSDS for the chemical is given to the paramedic or doctor.			
2 If you don't wear eye protection when working, you are asking for trouble, and perhaps a trip to the emergency room.			
3 Eyes are delicate and extremely vulnerable to injury.			
4 If an eye injury does occur, immediate first aid and professional medical help are key factors in preventing further damage to the eye.			
5 Chemical splashes cause burns and are very serious when the eyes are involved.			
EMPLOYEE'S NAME	EMPLOYEE'S SIGNATURE	DATE	
INSTRUCTOR'S NAME	INSTRUCTOR'S SIGNATURE	DATE	